



J•GROUPS

## Doing Life Together

*Tips for spreading compassion & building community in your J-Group.*

### The Bottom Line

- We can't follow Jesus alone.
- As leaders, we are called to be there for our group in the good and bad of everyday life.

### Good

- **Have fun** together beyond your scheduled meetings. (Blue Rocks game, group dinner, Fair Hill/White Clay hikes, coffee dates).
- **Celebrate** each other's wins. (Verbal recognition at meetings, handwritten cards in the mail, shoutouts on Facebook/emails).

### Bad

- **Know** your group well. Is someone struggling at home, work, or school? How can you help them through it?
- **Pray** for your group together and throughout the week. Check in. Follow up on prayer requests. Let them know that you've been praying for them.
- **Rally**. What can you do as a group to support one individual who needs to be shown love and compassion in a time of great need? (Making meals, writing letters, meeting a need, purchasing gift cards.)

*"Faith isn't about knowing all the right stuff or obeying a list of rules. It's something more, because it involves being present & making a sacrifice. I think that's what God had in mind, for Jesus to be present, to just be with us. It's also what He has in mind for us when it comes to other people."*

- Love Does, Bob Goff