

**Date: 9/13/2020**

**Title: Life Hacks Week 1**

### **Read The Bible Together - Key Verses:**

And so, dear brothers and sisters, I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice—the kind he will find acceptable. This is truly the way to worship him. *Romans 12:1*

<https://www.bible.com/bible/116/ROM.12.NLT>

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

*Romans 12:2*

<https://www.bible.com/bible/116/ROM.12.2.NLT>

### **Have Fun Together - Ice Breakers:**

1. What piece of technology do you consider “before your time”? (e.g. photocopier, landline telephone, cassette player, etc)
2. What are you most looking forward to with Fall JGroups?

### **Thoughts:**

- **Stop copying the world around us, and start being transformed by the God within us.**
- **You thought you were alone, God reminds you He is with you and puts others around you**
- **You thought you needed more to be happy, God changes how we think so we realize Jesus is all we need.**
- **You thought you had to prove yourself for God to love you, but He has loved you since the day you were born and sees you for where you can and will be through Jesus.**

### **Take Next Steps Together - Digging Deeper:**

1. How have you been copying the world recently? [See Romans 12:2]
2. In what ways have you seen God transform your life?
3. How are you currently submitting your body to God? How could you start to? [See Romans 12:1]
4. What behavior or thought pattern has been “the original” that you have just been making

copies off?

5. How has God reminded you lately that you are loved, valued, and created in His image?
6. Do you feel as though you have to prove yourself to God in any way?
7. Have you struggled with feeling that you need more things to be happy, rather than more of Jesus?
8. What stood out to you most about this message?
9. What's your next step and how are you going to be accountable to do it?

### **Pray Together - Prayer Focus:**

Dear Lord, we are so thankful for your abundant goodness and willingness to give us what we need. Help us have new thoughts and patterns that lead us closer to You. We are so thankful for the time we have to connect in J-groups and learn more about what Your heart is for. In Jesus' name, amen.