



J•GROUPS

Who to Identify in Your Group

At The Journey, one of our core values is **empowerment**. Empowerment simply means this: Leadership at The Journey isn't about personally accomplishing big things for God; it's about tapping into the passions and potential of other people to accomplish much bigger things for God.

Within your own group, there are plenty of people who have potential that YOU are able to tap into. Relying on others will help elevate the group experience, and challenge those in your group to develop on a personal level outside of the "topic" of your group. Below are a few different personalities to look for as you lead your group and practical next steps on how to empower them.

The "Pastor/Shepherd" -- This person can be a wonderful asset in strengthening group connection, as well as help everyone in the group feel genuinely cared for.

- **Qualities to look for:** The person who seems to always remember people's prayer requests and knows the current events in group member's lives.
- **Questions to ask yourself:** Who in my group seems to connect with people easily? Who is consistently following up on people's prayer requests?
- **How to empower them:** Ask them to be in charge of writing down prayer requests and sending them out during the week; ask them to connect individually with another group member during the week.

The "Future J-Group Leader" -- We cannot successfully grow as a church without growing our J-Groups, and in order to grow our groups we need to grow our leaders!

- **Qualities to look for:** The person who asks questions during group and connects other people to each other (i.e. Remembers names, easy to talk to, people are drawn to him/her, etc).
- **Questions to ask yourself:** Who in my group would I ask to lead if I wasn't going to be here? Who in my group connects with everyone in the group?
- **How to empower them:** Ask them to help you plan a week of your group; ask them to lead the discussion for you one week.

The "Host" -- This personable, yet detail oriented, group member can assist with logistical tasks and may be an ideal co-lead in future semesters.

- **Qualities to look for:** The person who comes to group fully prepared and has all materials needed and makes everyone feel like they are a part of what's going on in the group.
- **Questions to ask yourself:** Who in my group makes everyone feel welcome?
- **How to empower them:** Ask them to "own" your snack sign ups and send out reminders; ask them to be responsible for setting up your group's service project.