



Message Discussion Guide

“Love Isn’t Blind” | What is love? | Week 1

This guide is designed to supplement your daily Slot and Spot, dinner table conversations, J-Group discussions, and more.

KEY TAKEAWAY

What is love?

God is.

This week Pastor Mark asked us, “what is love”? So often shame can lead us to feel unwanted and unworthy. We can even wonder if we are loved at all. But the truth is we are loved by a God who chose us from the very beginning. He doesn’t just love us and choose us, he adopts us as his children. Not because of anything we’ve done, but because he wants us. We cannot earn that kind of love, but when we put our faith in Jesus, our faults are not just overlooked... they are gone completely. God made that possible because he loves us. That’s what love is. God is love. And that isn’t all. Through Jesus he makes everything in your life work together for his plan, in ways you can see and in ways you can’t.

“God’s love isn’t blind—it’s better than that. It sees us exactly as we are, loves us anyway, and wants us still. It sends a perfect Savior to stand in for us, and through him, God’s love chooses us, adopts us, frees us, and forgives us. Then that same love surrounds, protects, and shapes us.” - Pastor Mark Johnston

Want to re-watch the message? [You can find any previous message here.](#)

PRAY

God loves you and wants to hear from you. Use this simple acronym, **P. R. A. Y.**, to help guide you in your conversations with God this week.

Praise - Honor God for who he is. Thank him for loving us, choosing us, and adopting us into his family. Thank him for protecting us. Praise him for the grace he shows us through Jesus.

Repent - Tell God how you have fallen short of his best for you. Ask him to help you to see where you are letting shame interfere in your relationship with him and with his family.

Ask - Intercede for others. Those you have good relationships with and those you don’t. Pray **[Ephesians 3:18-19](#)** over each one.

Yield - Surrender your will to God’s. His plan is always better than ours. Thank him for the way he works all things in your life together, in ways you can see and in ways you can’t.

WORSHIP

"We praise God for the glorious grace he has poured out on us who belong to his dear Son."
Ephesians 1:6 (NLT)

Bring the worship set from this weekend into your Slot and Spot. Praise God for the love and grace he pours out on us simply for believing in Jesus.

- [Wrong about You - Israel and New Breed](#)
- [Bless God - Brooke Ligertwood](#)
- [King of My Heart - Bethel Music](#)

LEARN

God speaks to us through his word. This week, read and study the verses from the message. Take time to dive deeper into the book of [Ephesians](#), and what the Bible says about love.

READ

- [Ephesians 1:4-11](#)
- [Ephesians 3:18-19](#)

LISTEN

- [Ephesians 1 - Through the Word](#)

WATCH

- [Ephesians Overview](#)
- [Love/Ahavah- Word Study](#)

BibleProject is the author and owner of these videos. To find more BibleProject resources, visit bibleproject.com.

REFLECT

Reflect on these questions during your Slot and Spot / discussions with others.

- Ephesians 1:5 says *'God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure.'*
 - What does this kind of love mean to you?
 - How does this compare to being loved and chosen in the earthly relationships you have seen and experienced?
- Because of Jesus, God doesn't just overlook our sins, they are removed entirely. Is this something you find easy or challenging to believe?
 - Is there anything that is stopping you from accepting God's love and grace?
- Pastor Mark reminds us that when we put our faith in Jesus, God *adopts* us into his family. What clarity does that bring to your own faith journey?
 - How can you use your testimony to help others put their faith in Jesus?

NEXT STEPS

- Pray about what God has shown you through this deeper reflection of his word.
- **[Come back next weekend](#)** for a deeper dive into living out God's love in your relationships.
- God adopts us into his family, so get connected with your siblings. **[Check out the Spring J-Group Catalog](#)** and find your people.